

APPENDIX NO 10.3 TRACK EVENTS PROGRAM (A, B, C, D & E DIVISIONS)

PROGRAM OF EVENTS (A, B, C, D & E DIVISIONS) - TRACK					
Event No.	Time	Gender	Age	Event	Div
19	900	G	U13	Hurdles	II
20	904	G	U13	Hurdles	I
21	905	G	U13	1500m	II
22	905	G	U13	1500m	I
23	908	B	U13	Hurdles	II
24	912	B	U13	Hurdles	I
25	913	B	U13	1500m	II
26	913	B	U13	1500m	I
27	916	G	U14	Hurdles	II
28	920	G	U14	Hurdles	I
29	921	G	U14	1500m	II
30	921	G	U14	1500m	I
31	924	B	U14	Hurdles	II
32	928	B	U14	Hurdles	I
33	929	B	U14	1500m	II
34	929	B	U14	1500m	I
41	932	G	U15	Hurdles	II
42	936	G	U15	Hurdles	I
43	937	G	U15	1500m	II
44	937	G	U15	1500m	I
45	940	G	U16	Hurdles	II
46	944	G	U16	Hurdles	I
47	945	B	U15	1500m	II
48	945	B	U15	1500m	I
50	948	G	Open	Hurdles	II
55	952	G	Open	Hurdles	I
56	953	G	U16	1500m	II
57	953	G	U16	1500m	I
58	956	B	U15	Hurdles	II
59	1000	B	U15	Hurdles	I
63	1001	B	U16	1500m	II
64	1001	B	U16	1500m	I
65	1004	B	U16	Hurdles	II
66	1008	B	U16	Hurdles	I
67	1009	G	Open	1500m	II
68	1009	G	Open	1500m	I
69	1012	B	Open	Hurdles	II
81	1016	B	Open	Hurdles	I
82	1017	B	Open	1500m	II
83	1017	B	Open	1500m	I
84	1026	G	U13	200m	II
85	1029	G	U13	200m	I

89	1032	B	U13	200m	II
90	1035	B	U13	200m	I
91	1038	G	U14	200m	II
96	1041	G	U14	200m	I
97	1044	B	U14	200m	II
98	1047	B	U14	200m	I
99	1050	G	U15	200m	II
100	1053	G	U15	200m	I
101	1056	B	U15	200m	II
102	1059	B	U15	200m	I
107	1102	G	U16	200m	II
108	1105	G	U16	200m	I
109	1108	B	U16	200m	II
110	1111	B	U16	200m	I
111	1114	G	Open	200m	II
117	1117	G	Open	200m	I
118	1120	B	Open	200m	II
119	1123	B	Open	200m	I
120	1128	G	U13	100m	II
121	1128	G	U13	800m	II
122	1128	G	U13	800m	I
138	1131	G	U13	100m	I
139	1134	B	U13	100m	II
140	1134	B	U13	800m	II
141	1134	B	U13	800m	I
142	1137	B	U13	100m	I
143	1140	G	U14	100m	II
144	1140	G	U14	800m	II
145	1140	G	U14	800m	I
146	1143	G	U14	100m	I
148	1146	B	U14	100m	II
149	1146	B	U14	800m	II
150	1146	B	U14	800m	I
151	1149	B	U14	100m	I
152	1152	G	U15	100m	II
153	1152	G	U15	800m	II
154	1152	G	U15	800m	I
155	1155	G	U15	100m	I
156	1158	B	U15	100m	II
157	1158	B	U15	800m	II
158	1158	B	U15	800m	I
163	1201	B	U15	100m	I
164	1204	G	U16	100m	II
165	1204	G	U16	800m	II
166	1204	G	U16	800m	I
167	1207	G	U16	100m	I

168	1210	B	U16	100m	II
169	1210	B	U16	800m	II
170	1210	B	U16	800m	I
171	1213	B	U16	100m	I
176	1216	G	Open	100m	II
177	1216	G	Open	800m	II
178	1216	G	Open	800m	I
179	1219	G	Open	100m	I
184	1222	B	Open	100m	II
185	1222	B	Open	800m	II
186	1222	B	Open	800m	I
187	1225	B	Open	100m	I
188	1230	G	U13	400m	II
193	1233	G	U13	400m	I
194	1236	B	U13	400m	II
195	1239	B	U13	400m	I
196	1242	G	U14	400m	II
197	1245	G	U14	400m	I
201	1248	B	U14	400m	II
202	1251	B	U14	400m	I
203	1254	G	U15	400m	II
204	1257	G	U15	400m	I
205	1300	B	U15	400m	II
209	1303	B	U15	400m	I
210	1306	G	U16	400m	II
211	1309	G	U16	400m	I
212	1312	B	U16	400m	II
213	1315	B	U16	400m	I
215	1318	G	Open	400m	II
216	1321	G	Open	400m	I
217	1324	B	Open	400m	II
218	1327	B	Open	400m	I
221	1337	G	U13	Relay	I
222	1341	B	U13	Relay	I
223	1345	G	U14	Relay	I
224	1349	B	U14	Relay	I
225	1353	G	U15	Relay	I
226	1357	B	U15	Relay	I
227	1401	G	U16	Relay	I
228	1405	B	U16	Relay	I
229	1409	G	Open	Relay	I
230	1413	B	Open	Relay	I

APPENDIX NO 11.3 TRACK EVENTS PROGRAM (F DIVISION)

PROGRAM OF EVENTS (F DIVISION) - TRACK					
Event No	Time	Gender	Age	Event	Div
17	908	G	U13	1500m	II
18	908	G	U13	1500m	I
19	911	G	U13	Hurdles	I
20	915	B	U13	1500m	II
21	915	B	U13	1500m	I
22	918	B	U13	Hurdles	I
23	922	G	U14	1500m	II
24	922	G	U14	1500m	I
25	921	G	U14	Hurdles	I
26	929	B	U14	1500m	II
27	929	B	U14	1500m	I
28	934	B	U14	Hurdles	I
33	936	G	U15	1500m	II
34	936	G	U15	1500m	I
35	939	G	U15	Hurdles	I
36	943	B	U15	1500m	II
37	943	B	U15	1500m	I
38	946	G	U16	Hurdles	I
43	950	G	U16	1500m	II
44	950	G	U16	1500m	I
45	955	G	Open	Hurdles	I
46	957	B	U16	1500m	II
49	957	B	U16	1500m	I
50	1002	B	U15	Hurdles	I
51	1004	G	Open	1500m	II
52	1004	G	Open	1500m	I
53	1007	B	U16	Hurdles	I
66	1011	B	Open	1500m	II
67	1011	B	Open	1500m	I
68	1016	B	Open	Hurdles	I
69	1026	G	U13	200m	II
70	1029	G	U13	200m	I
71	1032	B	U13	200m	II
72	1035	B	U13	200m	I
73	1038	G	U14	200m	II
78	1041	G	U14	200m	I
79	1044	B	U14	200m	II
80	1047	B	U14	200m	I
81	1050	G	U15	200m	II
82	1053	G	U15	200m	I
83	1056	B	U15	200m	II

84	1059	B	U15	200m	I
89	1102	G	U16	200m	II
90	1105	G	U16	200m	I
91	1108	B	U16	200m	II
92	1111	B	U16	200m	I
93	1114	G	Open	200m	II
98	1117	G	Open	200m	I
99	1120	B	Open	200m	II
100	1123	B	Open	200m	I
101	1128	G	U13	100m	II
102	1128	G	U13	800m	II
103	1128	G	U13	800m	I
116	1131	G	U13	100m	I
117	1134	B	U13	100m	II
118	1134	B	U13	800m	II
119	1134	B	U13	800m	I
120	1137	B	U13	100m	I
121	1140	G	U14	100m	II
122	1140	G	U14	800m	II
123	1140	G	U14	800m	I
124	1143	G	U14	100m	I
127	1146	B	U14	100m	II
128	1146	B	U14	800m	II
129	1146	B	U14	800m	I
130	1149	B	U14	100m	I
131	1152	G	U15	100m	II
132	1152	G	U15	800m	II
133	1152	G	U15	800m	I
134	1155	G	U15	100m	I
135	1158	B	U15	100m	II
136	1158	B	U15	800m	II
137	1158	B	U15	800m	I
140	1201	B	U15	100m	I
141	1204	G	U16	100m	II
142	1204	G	U16	800m	II
143	1204	G	U16	800m	I
144	1207	G	U16	100m	I
145	1210	B	U16	100m	II
146	1210	B	U16	800m	II
147	1210	B	U16	800m	I
148	1213	B	U16	100m	I
153	1216	G	Open	100m	II
154	1216	G	Open	800m	II
155	1216	G	Open	800m	I
156	1219	G	Open	100m	I
161	1222	B	Open	100m	II

162	1222	B	Open	800m	II
163	1222	B	Open	800m	I
164	1225	B	Open	100m	I
165	1230	G	U13	400m	II
168	1233	G	U13	400m	I
169	1236	B	U13	400m	II
170	1239	B	U13	400m	I
171	1242	G	U14	400m	II
172	1245	G	U14	400m	I
175	1248	B	U14	400m	II
176	1251	B	U14	400m	I
177	1254	G	U15	400m	II
178	1257	G	U15	400m	I
179	1300	B	U15	400m	II
182	1303	B	U15	400m	I
183	1306	G	U16	400m	II
184	1309	G	U16	400m	I
185	1312	B	U16	400m	II
186	1315	B	U16	400m	I
187	1318	G	Open	400m	II
188	1321	G	Open	400m	I
189	1324	B	Open	400m	II
190	1327	B	Open	400m	I
191	1337	G	U13	Relay	I
192	1341	B	U13	Relay	I
193	1345	G	U14	Relay	I
194	1349	B	U14	Relay	I
195	1353	G	U15	Relay	I
196	1357	B	U15	Relay	I
197	1401	G	U16	Relay	I
198	1405	B	U16	Relay	I
199	1409	G	Open	Relay	I
200	1413	B	Open	Relay	I

APPENDIX NO 12.3 TRACK EVENTS PROGRAM (G, H & I DIVISIONS)

PROGRAM OF EVENTS (G, H & I DIVISION) - TRACK					
Event No	Time	Gender	Age	Event	Div
15	936	G	U13	1500m	II
16	936	G	U13	1500m	I
17	939	G	U13	Hurdles	I
18	943	B	U13	1500m	II
19	943	B	U13	1500m	I
20	946	B	U13	Hurdles	I
21	950	G	U14	1500m	II
22	950	G	U14	1500m	I
23	953	G	U14	Hurdles	I
24	957	B	U14	1500m	II
25	957	B	U14	1500m	I
26	1000	B	U14	Hurdles	I
29	1004	G	U15	1500m	II
30	1004	G	U15	1500m	I
31	1007	G	U15	Hurdles	I
32	1011	B	U15	1500m	II
33	1011	B	U15	1500m	I
34	1016	G	Open	Hurdles	I
35	1018	G	Open	1500m	II
36	1018	G	Open	1500m	I
37	1023	B	U15	Hurdles	I
38	1025	B	Open	1500m	II
53	1025	B	Open	1500m	I
54	1030	B	Open	Hurdles	I
55	1040	G	U13	200m	II
56	1043	G	U13	200m	I
59	1046	B	U13	200m	II
60	1049	B	U13	200m	I
61	1052	G	U14	200m	II
62	1055	G	U14	200m	I
63	1058	B	U14	200m	II
64	1101	B	U14	200m	I
65	1104	G	U15	200m	II
66	1107	G	U15	200m	I
67	1110	B	U15	200m	II
68	1113	B	U15	200m	I
69	1116	G	Open	200m	II
70	1119	G	Open	200m	I
71	1122	B	Open	200m	II
72	1125	B	Open	200m	I
73	1130	G	U13	100m	II
74	1130	G	U13	800m	II

75	1130	G	U13	800m	I
90	1133	G	U13	100m	I
91	1136	B	U13	100m	II
92	1136	B	U13	800m	II
93	1136	B	U13	800m	I
94	1139	B	U13	100m	I
95	1142	G	U14	100m	II
96	1142	G	U14	800m	II
97	1142	G	U14	800m	I
98	1145	G	U14	100m	I
99	1148	B	U14	100m	II
100	1148	B	U14	800m	II
101	1148	B	U14	800m	I
102	1151	B	U14	100m	I
103	1154	G	U15	100m	II
104	1154	G	U15	800m	II
105	1154	G	U15	800m	I
103	1157	G	U15	100m	I
107	1200	B	U15	100m	II
108	1200	B	U15	800m	II
109	1200	B	U15	800m	I
112	1203	B	U15	100m	I
113	1206	G	Open	100m	II
114	1206	G	Open	800m	II
115	1206	G	Open	800m	I
116	1209	G	Open	100m	I
117	1212	B	Open	100m	II
118	1212	B	Open	800m	II
119	1212	B	Open	800m	I
120	1215	B	Open	100m	I
121	1220	G	U13	400m	II
122	1223	G	U13	400m	I
123	1226	B	U13	400m	II
124	1229	B	U13	400m	I
139	1232	G	U14	400m	II
140	1235	G	U14	400m	I
141	1238	B	U14	400m	II
142	1241	B	U14	400m	I
143	1244	G	U15	400m	II
146	1247	G	U15	400m	I
147	1250	B	U15	400m	II
148	1253	B	U15	400m	I
149	1256	G	Open	400m	II
150	1259	G	Open	400m	I
151	1302	B	Open	400m	II
152	1305	B	Open	400m	I

153	1315	G	U13	Relay	I
154	1319	B	U13	Relay	I
155	1323	G	U14	Relay	I
156	1327	B	U14	Relay	I
157	1331	G	U15	Relay	I
158	1335	B	U15	Relay	I
159	1339	G	Open	Relay	I
160	1343	B	Open	Relay	I