

## APPENDIX NO 33    **RELAY EVENTS**

### **RULES FOR COMPETITION**

1. Athletes must compete in the same age group throughout the competition.
2. All teams must report to changeover marshal ten minutes before the start of the first relay event and directed by the Marshalling Director. 1st runners marshal to the 400m/800m marshalling tent, 2<sup>nd</sup> runners marshal to the 1,500m marshalling tent, 3rd runners marshal to the 200m marshalling tent and 4<sup>th</sup> runners marshal to the 100m/hurdles marshalling tent.
3. **No student spectator, coach or staff member is to be inside the arena during relay events.** Athletes must remain on the outside of the track while waiting for their event.
4. Starting blocks are permitted for the first runner only.
5. Athletes may wear running spikes.
6. Schools are to provide their own baton.

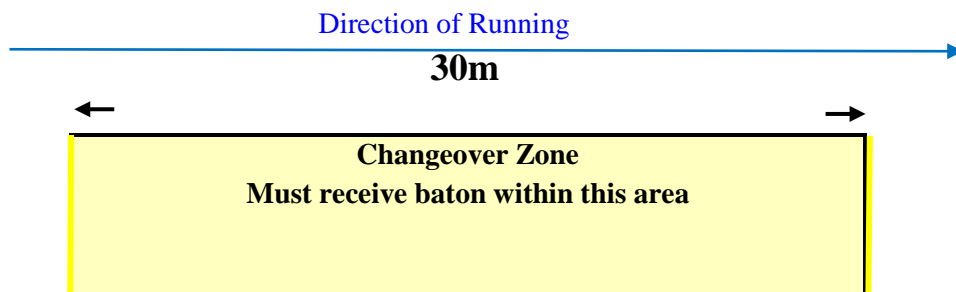
### **TRACK RULES**

1. No chewing gum will be permitted onto the ground or track.
2. No cool drink cans will be permitted onto the ground or track.
3. No chalk, powder, pen marks or **other objects are to be made or placed** on the track.
4. **Adhesive tape (maximum 5cm x 40cm)** as a marker is permitted in a school's lane but must be removed at the conclusion of the final relay.
5. **COLOUR CODE FOR START AND CHANGE OVER LINES**

4 x 100 Metres    CHANGE BOX                      Yellow

### **BATON CHANGE OVER RULE**

- The baton must be carried by hand throughout the race. If dropped, it must be recovered by the athlete who dropped it.
- The athlete may leave his/her lane to retrieve the baton. Provided this procedure is adopted and no other athlete is impeded, dropping the baton shall not result in disqualification.
- In all relay events, **THE BATON MUST BE PASSED WITHIN THE CHANGE OVER ZONE.**
- **Each changeover zone shall be 30m long. The zone starts and finishes at the edges of the zone lines nearest the start line in the running direction. As of 2018 IAAF rules have merged the 20m changeover zone with the 10m acceleration zone to create the 30m changeover zone. If new changeover zone lines have not been marked on the track, then the old acceleration mark will be used as the start of the changeover zone.**
- **The runner that is receiving the baton must be standing inside and commence their run from within the now 30m changeover zone.**
- **Athletes may place one check-mark on the track within their own lane, by using adhesive tape, maximum 5cm x 40cm, of a distinctive colour which cannot be confused with other permanent markings. No other check-mark may be used. The officials shall direct the relevant athlete to adapt or remove any marks not complying with this rule.**
- The passing of the baton commences when it is first touched by the receiving runner and, is completed the moment it is in the hand of the receiving runner only. Within the changeover zone it is only the position of the baton which is decisive, and not the position of the body or limbs of the competitors.
- **Additionally athletes, before receiving and/or after handing over the baton, should keep in their lanes or maintain position until the course is clear to avoid obstruction to other athletes. If however an athlete impedes a member of another team, including by running out of position or lane, the offending team shall be disqualified.**



**Relay Officials:** there will be 4 relay officials at each changeover point. One Chief Relay Official, Two officials at the end of the zone and one official at the start of the zone.

- ❖ Chief Athletics WA Referees will act as the Chief Relay Officials at the changeover zones
  - **Long Jump Referee - Changeover 1** – Chief Relay Official
  - **High Jump Referee - Changeover 2** – Chief Relay Official
  - **Assistant Track Referee - Changeover 3** – Chief Relay Official
  - **Throws Referees: Reserve Chief Relay Official** – in the occurrence that other chief referees are still busy finishing events.
  - *Chief Relay Officials are to be positioned at the midpoint of the changeover zones during events.*
- ❖ Track Umpires will act as relay officials at the following relay changeover areas:
  - **Chief Umpire**- at finish end of Final 100m Straight
  - **Umpire 2 at Changeover 1** - (L1-8S), Lanes 1 to 8 (start of zone)
  - **Umpire 3 at Changeover 2** - (L1-8S), Lanes 1 to 8 (start of zone)
  - **Umpire 4 at Changeover 3** - (L1-8S), Lanes 1 to 8 (start of zone)
    - Ensure runners are in their correct lane.
- ❖ Other Track and Field Officials will be allocated to act as relay officials at the following relay changeover areas:
  - **Changeover 1**
    - Official (L1-4E), Lanes 1 to 4 (end of zone)
    - Official (L5-8E), Lanes 5 to 8 (end of zone)
  - **Changeover 2**
    - Official (L1-4E), Lanes 1 to 4 (end of zone)
    - Official (L5-8E), Lanes 5 to 8 ((end of zone)
  - **Changeover 3**
    - Official (L1-4E), Lanes 1 to 4 (end of zone)
    - Official (L5-8E), Lanes 5 to 8 (end of zone)

### **During the Relay events;**

- ❖ The chief changeover **official** at each changeover must have a white and red flag to indicate to the referee of infringements or non-infringements. Also to notify the starter, timekeepers and judges that all runners are in place for the start of each event. If available, the chief relay officials should also have a two way radio so that they can keep in radio contact with the chief referee in cases of disqualification.
- ❖ Chief Relay officials are to indicate to the Referee/Starter that all competitors in the current relay event are ready to start by raising the white flag.
- ❖ Chief relay officials watch all eight lanes in their changeover region, positioned at the midpoint of the zone area.

- ❖ Relay changeover umpires are to watch 8 lanes at the S (start of change zone)
- ❖ Other Relay Officials are to watch 4 lanes at the E (end of change zone) in the changeover box. If 9 lanes are in use for relays then an additional relay official will be allocated and all will judge 3 lanes at the end of the changeover zone.

**Relay Officials - If 9 lanes in use:**

- ❖ Track Umpires
  - **Chief Umpire-** at finish end of Final 100m Straight
  - **Umpire 2 at Changeover 1 -** (L1-9S), Lanes 1 to 9 (start of zone)
  - **Umpire 3 at Changeover 2 -** (L1-9S), Lanes 1 to 9 (start of zone)
  - **Umpire 4 at Changeover 3 -** (L1-9S), Lanes 1 to 9 (start of zone)
- ❖ Other Track and Field Officials
  - **Changeover 1**
    - Official (L1-3E), Lanes 1 to 3 (end of zone)
    - Official (L4-6E), Lanes 4 to 6 (end of zone)
    - Official (L7-9E), Lanes 7 to 9 (end of zone)
  - **Changeover 2**
    - Official (L1-3E), Lanes 1 to 3 (end of zone)
    - Official (L4-6E), Lanes 4 to 6 (end of zone)
    - Official (L7-9E), Lanes 7 to 9 (end of zone)
  - **Changeover 3**
    - Official (L1-3E), Lanes 1 to 3 (end of zone)
    - Official (L4-6E), Lanes 4 to 6 (end of zone)
    - Official (L7-9E), Lanes 7 to 9 (end of zone)

**Relay Officials to;**

1. Watch that the outgoing runners are positioned to start their run inside the changeover zone;
2. Watch that runners only use adhesive tape to mark the track, no other markings are allowed;
3. Watch that the baton is changed within the 30m changeover zone (note that the baton position determines compliance);
4. If a baton is dropped watch:
  - a) That it is picked up by the competitor who dropped it
  - b) That no other competitor's progress is impeded;
4. Watch that after passing the baton, no competitor impedes the progress of another by leaving their lane;
5. After the changeover is completed inform the chief relay umpire if any infringements have occurred or give the all clear. He/she will raise the white or red flag if there is no infringement or an infringement has occurred immediately all outgoing competitors have taken the baton. The referee will come to the changeover to discuss the infringement with the chief relay official at that changeover to clarify any disqualifications.

**Relay Disqualification Notification procedure:**

- Relay changeover officials/umpires are not to discuss relay infringements/disqualification details with school teachers or coaches.
- Following each race if the Referee declares a disqualification a disqualification sheet will be completed and verified copies provided to the results room and offending school.
- Once a disqualification is verified by the Referee the announcer will give brief details on the disqualification over the PA system. Specific details of the infringement will not be given just the brief details of event number and lane/school.

- Each school will be required to have one representative at the finish line to collect the DQ sheet if their school has infringed and been disqualified.
- Schools have 15 minutes after each relay event to lodge a verbal protest with the Chief Referee or the Carnival Manager if they wish to dispute a disqualification. School staff or coaches may approach the Referee directly or the Carnival Manager to lodge a protest.
- The Referee and Carnival Manager have the final authority to uphold a protest or overturn a disqualification. If a protest is upheld and the disqualification stands and the school is still not satisfied with the decision then they will need to formally lodge a written protest after the carnival. The school has seven days following the carnival to lodge a formal written protest.
- School staff or coaches should not directly approach any relay official/umpire if they wish to query the details of an infringement or disqualification. The correct procedure is to wait until a disqualification is verified by the Referee and then approach the Referee or Carnival manager with a verbal query or protest.
- Athletes may approach relay referee/ officials/umpires to ask for infringement clarification after each race. Protests however can only be lodged by the senior teacher/coach of each team and not individual athletes.