

Appendix 6m.1

To 'ACC Cross Country'
FINISH LINE 1ST AID

- The main task of the finish line first aid official/s is to assist immobilized or distressed competitors at the finish line.
- Runners in the first 5 places that are immobilized or distressed must be assisted and ensured that their allocated place is maintained and recorded. After 5th place no place cards and positions are allocated at the finish.
- All runners will receive their official time and place through the automated timing system. This will be displayed on the Internet and at a designated location after each race.
- **Runners that cannot finish the race unaided need to have a finish first aid ticket completed with the runners number, event number, school abbreviation and place status marked as did not finish (DNF).**

Steps to follow:

- Assess the individual situation and apply immediate first aid at the finish line
- If possible move the injured/distressed runner away from the finish line so as not to impede other incoming runners. If the injury appears very serious do not attempt to move the injured athlete. If the injury appears very serious then send a student helper to get an SJA first aid officer from the post to attend the student at the finish line.
- ***If a runner fails to cross the finish line then they are judged to not have completed the race and will not receive a place or time.***
- ***If you are assisting injured or distressed runners before the finish line they should be given the opportunity to cross the line unaided; they should not be assisted over the finish line. If they cross the finish line and timing mats unaided they will record a time and place in the timing system.***
- If required assist the injured/distressed runner to the first aid post.
- The first aid officers from St John Ambulance in the first aid tent are responsible for treatment once the finish line first aid staff hand over the student. **However the SJA officers are not responsible for completing the finish first aid ticket, this is the school finish first aid officials duty.**

For the first 5 place getters:

- Ensure that someone notes the place that was allocated to the injured/immobilized competitor by the judges. Place is indicated by the place "called" by the judge on the line and then the place card that the competitor should have been given by the judging officials. If the injured/immobilized competitor does not receive a place card, the finish line first aid officials should attempt to get their place card or ascertain the students place after consulting with the finish judge.
- If required, assist the injured/immobilized competitor to the first aid tent.
- Once the immobilized competitors place is ascertained, record the immobilized competitor's EVENT NUMBER, PLACE, COMPETITOR NUMBER and SCHOOL ABBREVIATION on the finish first aid ticket (*Refer Appendix 6m.2*).
- The completed finish first aid ticket should then be taken immediately by the finish line first aid student officials to the recorders tent and have the injured/immobilized competitors details correctly recorded.
- It is not necessary to record the time on the finish first aid ticket as the manual timekeepers will record the time and pass this to the first five places recorder.***
- The completed first aid finish ticket should then be handed into the automatic timing operators tent to be used as a result backup for that competitor in case there were any issues with their result.
- The finish line first aid students do not need to stand in the queue they can move directly to the recorders tent. Finish line first aid student assistants should work in pairs, one collecting the actual place card awarded and the other the completed finish first aid ticket. If they are waiting for the finish first aid ticket to be completed one assistant can wait in the line as a "dummy" in the correct place position.
- Finish line first aid officials will need to ensure that a different competitor is not handed the place card that should have been given to the injured/immobilized competitor.
- Always attempt to hand both the place card awarded and the finish line first aid ticket to the recorders.

For all other runners after 5th place: As above, with the exceptions that;

- a. After 5th place there are no place cards provided and no manual recording.
- b. After 5th place, there will only be finish line first aid tickets written up for runners who are unable to complete the race.
- c. In these cases the finish line ticket just needs to include the runners bib number, school abbreviation, event number and mark that they did not finish by placing DNF in the Place/DNF box.
- d. If a runner is injured/immobilized and cannot cross the finish line unaided, then they are judged to have not completed the race and will not receive a place or time.
- e. If you are assisting injured or distressed runners before the finish line they should be given the opportunity to cross the line unaided; but they should not be assisted over the finish line. If they cross the finish line and timing mats unaided they will record a time and place in the timing system and no finish first aid ticket is required.
- f. If first aid is being given to a runner that is injured/immobilized and cannot cross the finish line unaided, they should not be assisted/taken across the line. The runner should be treated before the finish to the side of the approach to the finish or in the first aid tent.
- g. Once a runner is removed from the race approach or course route they are deemed to have pulled out of the race and will be marked as did not finish (DNF) the race in the official timing results. A finish first aid ticket must be completed.
- h. Any runner that withdraws from the race due to injury or illness must have their details provided to the BluChip timing operators. The runners bib number, event number, school abbreviation , place status (DNF) must be written up on finish first aid ticket and delivered to the timing operators.